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**Wheat and wheat flour — Gluten  
content —**

**Part 2:  
Determination of wet gluten and  
gluten index by mechanical means**

*Blé et farines de blé — Teneur en gluten —*

*Partie 2: Détermination du gluten humide et du gluten index par des  
moyens mécaniques*



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## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see [www.iso.org/directives](http://www.iso.org/directives)).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see [www.iso.org/patents](http://www.iso.org/patents)).

Any trade name used in this document is information given for the convenience of users and does not constitute an endorsement.

For an explanation on the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the WTO principles in the Technical Barriers to Trade (TBT) see the following URL: [Foreword - Supplementary information](#)

The committee responsible for this document is ISO/TC 34, *Food products*, Subcommittee SC 4, *Cereals and pulses*.

This second edition of ISO 21415-2 cancels and replaces the first edition (ISO 21415-2:2006) which has been technically revised.

ISO 21415 consists of the following parts, under the general title *Wheat and wheat flour — Gluten content*:

- *Part 1: Determination of wet gluten by a manual method*
- *Part 2: Determination of wet gluten and gluten index by mechanical means*
- *Part 3: Determination of dry gluten from wet gluten by using an oven-drying method*
- *Part 4: Determination of dry gluten from wet gluten by a rapid drying method*

## Introduction

The alternative techniques specified in this part of ISO 21415 and in ISO 21415-1 for isolation of wet gluten (i.e. manual extraction and mechanical extraction) do not generally yield equivalent results. The reason for this is that for full development of the gluten structure the dough needs to be allowed to rest. Hence, the result obtained by manual extraction is usually greater than that obtained by mechanical extraction, especially in the case of wheat with high gluten content. Therefore, the test report should always state the technique used.

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# Wheat and wheat flour — Gluten content —

## Part 2:

## Determination of wet gluten and gluten index by mechanical means

### 1 Scope

This part of ISO 21415 specifies a method for determining the content of wet gluten and the gluten index for wheat flours (*Triticum aestivum* L. and *Triticum durum* Desf.) by mechanical means. This method is directly applicable to flours. It also applies to common and durum wheat after grinding, if their particular size distribution meets the specification given in [Table B.1](#).

### 2 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

#### 2.1

##### **wet gluten**

viscoelastic substance consisting mainly of two protein fractions (gliadin and glutenin) in hydrated form, obtained in the way indicated in this part of ISO 21415 or in ISO 21415-1

#### 2.2

##### **gluten index**

proportion of wet gluten remaining on the sieve after centrifugation

Note 1 to entry: The higher the index, the stronger the gluten is.

#### 2.3

##### **ground wheat**

result of experimental grinding of whole wheat with the granulometry cited in [Table B.1](#)

#### 2.4

##### **flour**

finely ground wheat endosperm with a granulometry of less than 250 µm

### 3 Principle

Preparation of a paste from a sample of flour or of ground wheat and a sodium chloride solution in the equipment's chamber; separation of the wet gluten by washing this paste with a sodium chloride solution, followed by removal of excess washing solution by centrifugation and weighing the residue. The gluten index is obtained after centrifuging to force the wet gluten through a special sieve. The percentage of wet gluten remaining on the sieve after centrifuging is defined as the gluten index.

### 4 Reagents

Use only reagents of recognized analytical grade, unless otherwise specified and distilled or demineralized water, or water of equivalent purity.

#### 4.1 Sodium chloride solution, 20 g/l.

Dissolve 200 g of sodium chloride (NaCl) in water, then dilute to 10 l. When using this, it is recommended that the temperature of the solution be  $22^{\circ}\text{C} \pm 2^{\circ}\text{C}$ .

It is advisable to prepare this solution specially every day.

#### 4.2 Solution of iodine/potassium iodide (Lugol's solution).

Dissolve 2,54 g of potassium iodide (KI) in water. Add 1,27 g of iodine ( $\text{I}_2$ ) to this solution and, when the reagents have completely dissolved, dilute to 100 ml with water.

### 5 Apparatus

Usual laboratory apparatus and, in particular, the following items.

**5.1 Automatic gluten separation unit** <sup>1)</sup>, (single or double) consisting of a washing/mixing chamber, mill(s) (see [Figures A.1](#) and [A.2](#)) and an electronically controlled distribution device for extracting the gluten.

**5.1.1 Mixing/washing chamber(s)**, fitted with replaceable chrome-plated sieve support(s) with polyester sieves with an 88  $\mu\text{m}$  mesh gap and polyamide sieves with an 840  $\mu\text{m}$  mesh gap.

The distance between the milling hook and the chrome-plated sieve support shall be  $0,7 \text{ mm} \pm 0,05 \text{ mm}$ . This value should be checked with the calibrated thickness shims supplied.

**5.1.2 10 l plastic drum**, to contain the sodium chloride solution ([4.1](#)) connected to the equipment by a plastic tube.

**5.1.3 Distribution system**, consisting of a peristaltic pump allowing the sodium chloride solution ([4.1](#)) used for washing the gluten to be delivered at a constant rate of between 50 ml/min and 56 ml/min.

For a detailed description of the unit and for detailed operating instructions, users of this part of ISO 21415 should consult the leaflet of the maker of the equipment used.

**5.2 Dispenser**, for the sodium chloride solution, permitting delivery of 3 ml to 10 ml with an accuracy of  $\pm 0,1 \text{ ml}$ .

**5.3 Centrifuge**, capable of maintaining a rotational frequency of  $6\,000 \pm 5$  per minute and producing a radial acceleration of  $2\,000 g$ , fitted with 2 perforated plates with holes of diameter 600  $\mu\text{m}$  and/or 2 receptacles 22 mm in diameter equipped with a grid containing 600  $\mu\text{m}$  holes, to determine the gluten index (cf. [Figures A.3](#) and [A.4](#)).

**5.4 Balance**, calibrated to 0,01 g.

**5.5 Stainless steel spatula.**

**5.6 Beakers** with 500 ml capacity (to catch the rinsing water).

**5.7 Stainless steel or plastic grippers.**

---

1) The Glutomatic unit (types 2100 and 2200) made by Perten Instruments AB (Sweden) is the mechanical device most widely used at present for this purpose. This information is given for the benefit of users of this part of ISO 21415 and in no way implies that ISO approves or recommends exclusive use of this device. Other equipment may also be used if it yields similar results to those of the Glutomatic unit or those of the method described in ISO 21415-1.

**5.8 Lab crusher**, capable of producing a ground product with a granulometry meeting the requirements of [Table B.1](#).

**5.9 Watch glass.**

## 6 Sampling

It is important for the laboratory to receive a truly representative sample which has not been damaged or altered during transport or storage.

The method specified in this part of ISO 21415 does not cover sampling. A recommended sampling method is given in ISO 24333.

## 7 Preparation of test sample

Homogenize the samples. Before measuring the gluten content, grind the wheat grains and crush them with a lab crusher ([5.8](#)), as indicated in [Annex B](#). Special precautions should be taken during grinding and storing to prevent any alteration to the moisture content of samples.

## 8 Procedure

### 8.1 General

The operations of preparation and washing of the dough are carried out continuously with automatic equipment ([5.1](#)). Follow the instructions supplied by the manufacturer of the equipment used.

### 8.2 Testing

Weigh 10 g of the sample to within 0,01 g for testing and transfer to the unit's washing/mixing chamber ([5.1.1](#)). Ensure that the washing chamber is fitted with a suitable sieve, which has been previously cleaned and moistened.

When testing flour samples, one or more fine polyester sieve(s) (88 µm aperture) is/are used. When testing ground wheat, chrome-plated sieve supports fitted with a slotted ring are also required with polyamide sieves with a mesh gap of 840 µm. In that case, the test starts with the fine sieve and in addition a coarse sieve is used for the second step in the method.

The gluten index is generally measured using only 88 µm polyester sieves and 840 µm polyamide sieves for the preparation of the wet gluten. If metal sieves are used, this shall be clearly noted in the test report.

### 8.3 Paste preparation

As a starting suggestion, add 4,8 ml of sodium chloride solution ([4.1](#)) to the test sample with the dispenser ([5.2](#)). Aim the flow of saline solution at the chamber wall so that it does not go through the sieve. Gently shake the washing chamber to ensure that the saline solution is uniformly distributed over the flour.

It may be necessary to adjust the amount of saline solution used for samples with very high or very low gluten content. If forming a consistent paste turns out to be difficult (the chamber is flooded during washing), the amount of saline solution added should be reduced (minimum of 4,2 ml). If very hard firm gluten forms during mixing, the amount of solution should be increased to 5,2 ml.

The preparation time is set by the manufacturer at 20 s, but this may be adjusted by the user, if necessary. If so, contact the manufacturer to obtain information on adjusting the regulator.

## 8.4 Paste washing

### 8.4.1 Detection of starch

For the detection of starch, press out some drops of the washing solution from the gluten ball into a watch-glass (5.9) and add a few drops of a solution of iodine (4.2) to it. If the colour of the solution does not change, the washing out procedure is completed. If the colour of the solution turns into blue, it indicates that starch is still present and the washing out procedure should be continued until the starch cannot be detected.

### 8.4.2 Flour

The washing time is set by the manufacturer at 5 min. A volume of 250 ml to 280 ml of sodium chloride solution is usually required for washing. The solution is delivered automatically by the equipment at a constant pre-set rate of between 50 ml/min and 56 ml/min (depending on the equipment).

### 8.4.3 Ground wheat

After 2 min of washing, stop the equipment, remove the washing chamber with the partially washed gluten and transfer all the content, including bran particles, to another washing chamber containing a large-grade sieve (840 µm). This can be done by placing the washing chamber beneath a gentle stream of cold water (turning one sieve round to face the other and positioning the finer sieve on top).

Place the washing chamber with the coarser sieve containing the transferred lump of gluten in the working position and continue washing until the washing sequence ends.

### 8.4.4 Special case

If the automatic washing process does not wash the paste sufficiently, and if the equipment allows it, repeat the test with a higher volume of sodium chloride solution.

## 8.5 Spinning and weighing the wet gluten

If the gluten index has to be determined, this operation is not needed, so go directly to 8.6.

When washing is complete, remove the wet gluten from the washing chamber using the grippers (5.7). Check that no gluten remains inside the washing chamber.

Divide the gluten into two equal lumps and place them on the perforated plates of the centrifuge (5.3), pressing down on them lightly.

Operate the centrifuge to remove the excess solution from the gluten (the pre-set time is 60 s). Remove the gluten piece with the metal grippers (5.7) and weigh it all ( $m_1$ ) immediately to within 0,01 g (5.4).

There is no need to divide the gluten if a stabilizer is used inside the centrifuge.

If a double unit is used, two lumps of gluten will be produced. These should be treated separately one after the other.

## 8.6 Determining the gluten index

The extracted lump of gluten shall be centrifuged, without dividing it. Hence, two gluten measurements should be taken at the same time. This operation is possible with a double-facility unit. In case of a single-facility unit, a counterweight should be used during centrifuging.

After washing (8.4) and omitting the spin, use the grippers (5.7) to place the lump of gluten in the receptacle (5.3) provided. This is a tricky operation and shall not stretch or compress the gluten. The interval between the end of the washing cycle and the start of centrifuging should be between 20 s and 30 s. Centrifuging is programmed for 60 s.

After centrifuging, remove the receptacle and check that no gluten remains inside the centrifuge. Using the spatula (5.5), carefully scrape up all the gluten which has passed through the sieve. Weigh this to within 0,01 g (5.4). Leave this quantity on the balance and add the gluten remaining on the sieve (inside the receptacle) to estimate the total mass of wet gluten.

Only the sieve cassette (5.3) should be used for the gluten index determination.

## 8.7 Number of measurements

Take two measurements from the same sample.

## 9 Calculations and record of results

9.1 The wet gluten content ( $G_{\text{hum}}$ ), expressed as a percentage by mass, is calculated with the Formula (1):

$$G_{\text{hum}} = m_1 \times 10 \quad (1)$$

where  $m_1$  is the mass of wet gluten (see 8.5), in grams.

The result will be the arithmetical average of two readings if the repeatability conditions (see 10.2) are observed. Express the result to within one decimal place.

9.2 The gluten index is calculated with Formula (2):

$$I_{\text{gluten}} = \frac{(m_1 - m_2)}{m_1} \times 100 \quad (2)$$

where

$m_1$  is the total mass of wet gluten, in grams;

$m_2$  is the mass of gluten, in grams, that has passed through the sieve.

The result will be the arithmetical average of two readings if the repeatability conditions (see 10.2) are observed. Express the result to within one unit.

## 10 Precision

### 10.1 Interlaboratory tests

Details of the interlaboratory tests in terms of the method's precision are summarized in Annex C. The values obtained from these tests may not apply to concentration ranges and matrices other than those stated in the field of application.

That is, for a wet gluten content between 17,6 % and 34,7 % and a gluten index between 43 and 98.

## 10.2 Repeatability

The absolute difference between two independent test results obtained by the same method, on an identical material tested in the same laboratory by the same operator using the same equipment within a short period of time, will in not more than 5 % of cases be greater than the values given below.

|                        | Standard deviation of<br>repeatability<br>$S_r$ | Limit of<br>repeatability<br>$r$ |
|------------------------|-------------------------------------------------|----------------------------------|
| Wet gluten (%)         | 0,4                                             | 1,1                              |
| Gluten index $\leq 70$ | 3                                               | 8                                |
| Gluten index $> 70$    | 2                                               | 6                                |

## 10.3 Reproducibility

The absolute difference between two individual test results, obtained by the same method on an identical material tested in different laboratories by different operators using different equipment, will in not more than 5 % of cases be greater than the values given.

|                        | Standard deviation of<br>reproducibility<br>$S_R$ | Limit of<br>reproducibility<br>$R$ |
|------------------------|---------------------------------------------------|------------------------------------|
| Wet gluten (%)         | 1,0                                               | 2,8                                |
| Gluten index $\leq 70$ | 11                                                | 31                                 |
| Gluten index $> 70$    | 5                                                 | 14                                 |

## 10.4 Critical difference

### 10.4.1 Comparison of two sets of measurements in the same laboratory

The critical difference,  $d_{C,r}$ , is the deviation between two averaged values obtained from two test results in conditions of repeatability.

$$d_{C,r} = 2,8S_r \sqrt{\frac{1}{2n_1} + \frac{1}{2n_2}} = 2,8S_r \sqrt{\frac{1}{2}} = 1,98S_r$$

where

$S_r$  is the standard deviation of repeatability;

$n_1$  and  $n_2$  are the number of test results corresponding to each of the averaged values.

#### 10.4.2 Comparison of two sets of measurements in two laboratories

$$d_{C,R} = 2,8 \sqrt{S_R^2 - S_r^2 \left(1 - \frac{1}{2n_1} - \frac{1}{2n_2}\right)} = 2,8 \sqrt{S_R^2 - 0,5S_r^2}$$

where

$S_R$  is the standard deviation of reproducibility;

$S_r$  is the standard deviation of repeatability;

$n_1$  and  $n_2$  are the number of test results corresponding to each of the averaged values.

|                        | Critical difference<br>$d_{C,r}$ | Critical difference<br>$d_{C,R}$ |
|------------------------|----------------------------------|----------------------------------|
| Wet gluten (%)         | 0,8                              | 2,7                              |
| Gluten index $\leq 70$ | 6                                | 30                               |
| Gluten index $> 70$    | 4                                | 13                               |

### 11 Test report

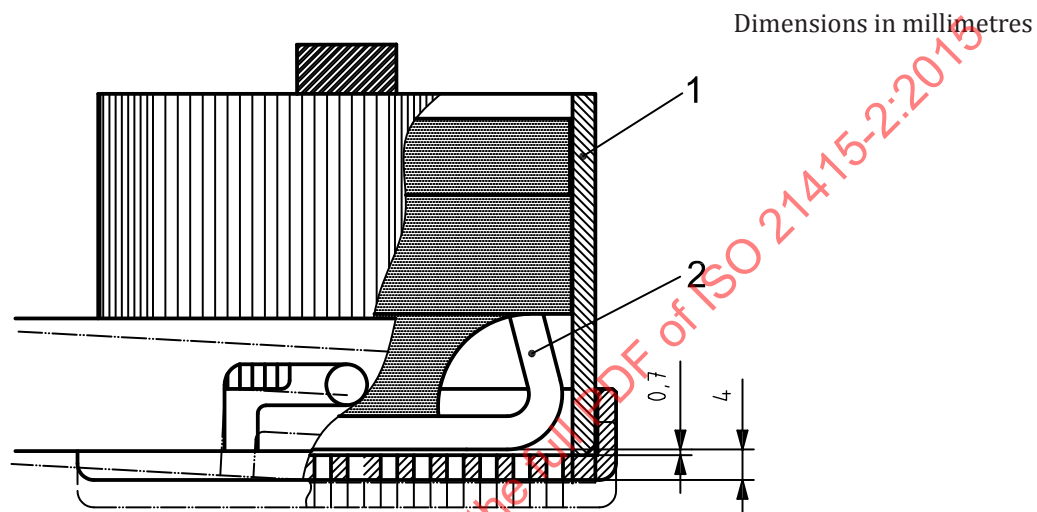
The test report shall contain at least the following information:

- all information needed for complete identification of the sample;
- the method used and the reference to this part of ISO 21415 (ISO 21415-2);
- all operational details not stipulated in this part of ISO 21415 or considered as optional, and the details of any incidents likely to have had repercussions for the test result(s);
- if the tests were carried out in conditions of repeatability, the final result obtained.

## Annex A (informative)

### Washing chamber and mill of the Glutomatic unit and centrifuge

The apparatus shown in [Figures A.1](#) and [A.2](#) is that given in Reference [6].



#### Key

- 1 mixing/washing chamber
- 2 kneader

Figure A.1 — Equipment for separating the gluten

Dimensions in millimetres

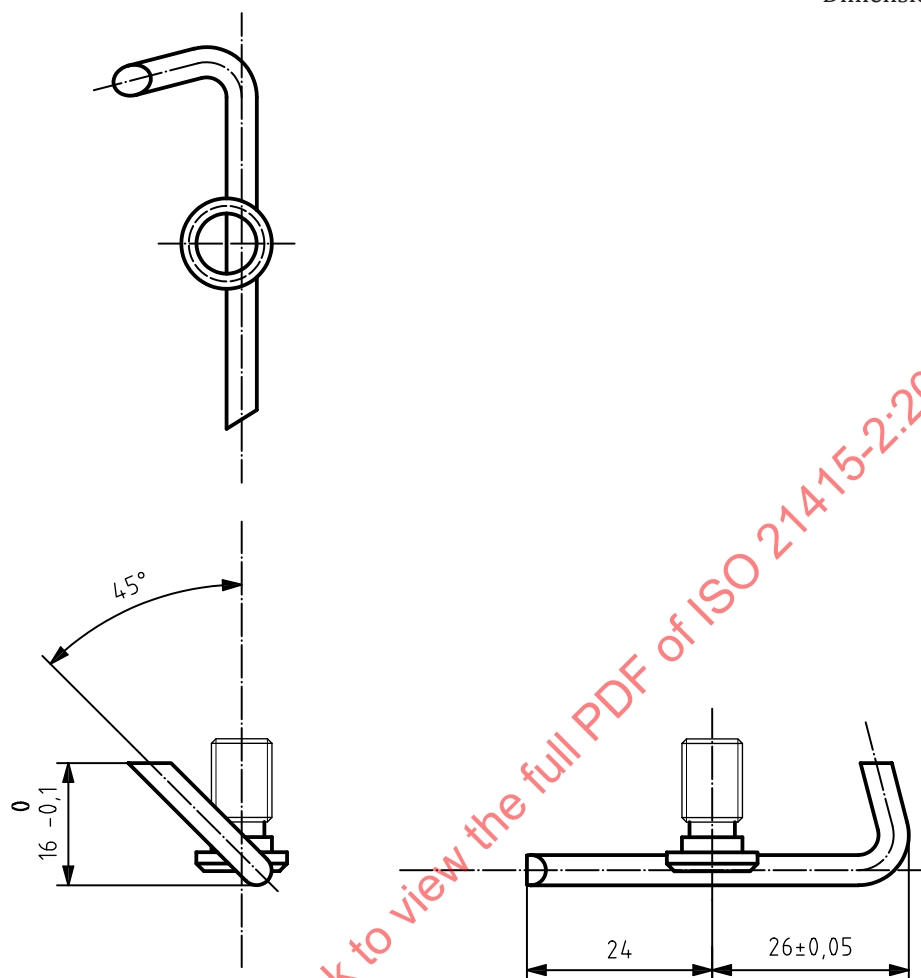


Figure A.2 — Kneader

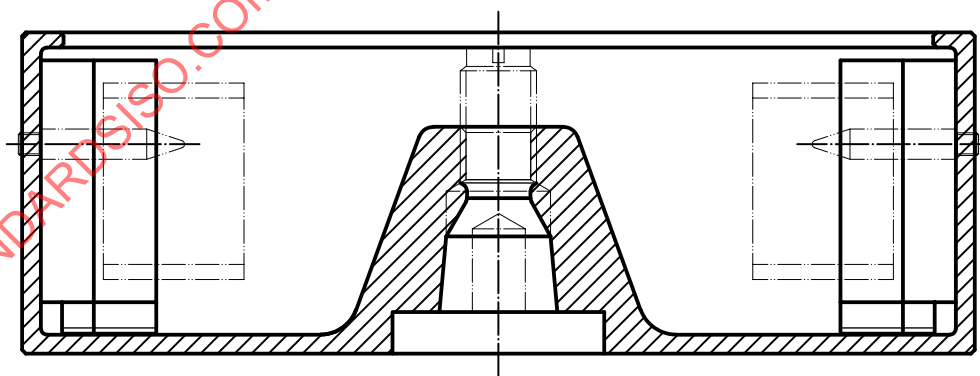


Figure A.3 — Centrifuge

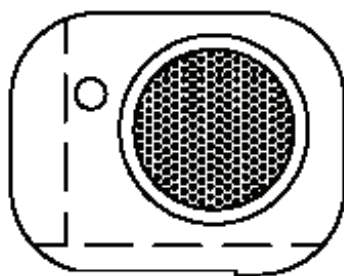


Figure A.4 — Centrifuge receptacle for the gluten index

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## Annex B (normative)

### Preparation of ground wheat

As stated in the field of application, this method also applies to wheat after crushing in a lab crusher (5.8).

Gluten formation and washing are influenced by the granulometry of crushed samples. The crusher used shall be capable of producing a crushed product meeting the specifications in Table B.1.

**Table B.1 — Sieve mesh gap and granulometry required for samples**

| Mesh gap<br>μm | Sample passing through the sieve<br>% |
|----------------|---------------------------------------|
| 710            | 100                                   |
| 500            | 95 to ≤ 100                           |
| 210 to 200     | 80 or less                            |

It should be emphasized that Table B.1 is used for on-going adjustment of the crusher. All the grounds (crushed product) are subjected to measurement. Granulometry should be checked regularly by using a completely homogenized sample and a suitable laboratory boulder.

The crushing method used to prepare the crushed wheat sample influences the results of gluten content measurement. Different crushers will produce a different distribution of granulometric fractions and this will introduce variations into formation of the paste and the washed gluten. To obtain comparable results, the same sample preparation method should be used.

Crush a representative sample of wheat so that it meets the granulometry specifications appearing in Table B.1. The crusher should be carefully supplied with wheat to avoid overheating and overloading. Crushing should continue for 30 s to 40 s after all the sample has entered the crusher. To complete crushing, the wheat should be withdrawn in small quantities (up to 1 %).